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[www.bياما.org/groups](http://www.bياما.org/groups)

## May 2023 Virtual Support Groups

For the foreseeable future, BIA-MA programming will remain virtual.

Closed Captioning enabled for virtual meetings.

To attend a meeting, please email [info@bياما.org](mailto:info@bياما.org) and specify which meeting(s).

Day	Date	Time	Brain Injury Support Group Name
Tue	05/02/23	10:00am	Westborough Young Adult survivor support group
Tue	05/02/23	3:00pm	Lexington survivor and family support group
Wed	05/03/23	10:30am	E. Sandwich/Spaulding Adult Post-Concussion support group
Wed	05/03/23	6:00pm	Springfield/Baystate survivor and family support group
Thu	05/04/23	10:00am	Boston/Charlestown (BABIS) survivor and family support group
Thu	05/04/23	1:00pm	Pittsfield "Tea & Talk" support group for women
Thu	05/04/23	7:00pm	Hadley/Pioneer Valley (PVBISG) survivor and family support group
Tue	05/09/23	10:30am	Framingham "Mild" brain injury survivor support group
Tue	05/09/23	4:00pm	Pittsfield (BBISG) survivor and family support group
Tue	05/09/23	7:00pm	"Interrupted Lives" young adult survivor support group
Wed	05/10/23	5:30pm	Milford Stroke/Brain Injury survivor support group
Wed	05/10/23	6:00pm	Dual Recovery brain injury support group
Thu	05/11/23	10:00am	"Stronger Together" young adult (18-25) support group
Tue	05/16/23	3:00pm	Lexington survivor and family support group

Day	Date	Time	Brain Injury Support Group Name
Wed	05/17/23	6:00pm	Springfield/Mercy survivor and family support group
Thu	05/18/23	10:00am	Cotuit (Barnstable) survivor and family support group
Thu	05/18/23	10:00am	Boston/Charlestown (BABIS) survivor and family support group
Thu	05/18/23	7:00pm	Milford survivor and family support group
Tue	05/23/23	10:30am	Framingham "Mild" brain injury survivor support group
Tue	05/23/23	1:00pm	Brewster/Lower Cape caregiver support group
Thu	05/25/23	10:00am	"Law of Attraction" brain injury support group
Thu	05/25/23	1:30pm	Veterans virtual brain injury support group
<b>Mon</b>	<b>05/29/23</b>	<b>All day</b>	<b>BIA-MA offices closed in observance of Memorial Day</b>

**Please visit our website at [www.biama.org/groups](http://www.biama.org/groups) for updates**