



30 Lyman St, Suite#10, Westborough, MA 01581  
#508-475-0032 or #800-242-0030

## **FAMILY, SURVIVOR & CAREGIVER SUPPORT GROUPS**

Our list is divided into three regions, Central/Northeast, Southeast/Cape & Western

**Please call the leaders of the individual support group before attending.**  
The dates, times and locations of support group meetings are subject to change.

### **CENTRAL/NORTHEAST REGION**

#### **Beverly/North Shore - Survivors**

Contact: Marcella Guerriero, #360-528-9226  
Time: 11:00 AM - 12:30 PM  
Date: 3<sup>rd</sup> Thursday of the month  
Place: SeniorCare  
100 Cummings Center, Suite 106-H  
Beverly, MA 01915

#### **Boston/Boston University - Survivors**

Contact: Amanda Nardone #617-353-7521 or [amandan@bu.edu](mailto:amandan@bu.edu)  
Time: 6:00 PM - 8:00 PM  
Date: 5/9, 6/6  
Place: Boston University  
635 Commonwealth Ave  
Sargent College (Please call for room number as it may change monthly)  
Boston, MA 02215

#### **Boston/Charlestown - "BABIS" - Family & Survivors**

Contact: Sally Johnson #617- 952-6254  
Time: 10 AM - 12 noon  
Date: 1<sup>st</sup> Saturday of the month  
No meeting in July, two outings a year, please check web site.  
Place: Spaulding Rehab. Hospital, 1<sup>st</sup> Floor, Rooms A & B  
300 First Ave, Charlestown, MA 02129

**Boston/Charlestown - "BABIS" - Additional Group for Family/Caregivers**

Contact: Sally Johnson #617- 952-6254  
Time: 10:30 AM - 12 noon  
Date: 1<sup>st</sup> Saturday of the month  
No meeting in July, two outings a year, please check web site.  
Place: Spaulding Rehab. Hospital, 1<sup>st</sup> Floor, Rooms A & B  
300 First Ave, Charlestown, MA 02129

**Braintree - Brain Injury/Stroke Support Group - Family & Survivors**

Contacts: Patricia Kaufman-Vaughan #781-585-5434  
Time: 6:30 - 8:00 PM  
Date: Last Thursday of the month  
Place: Braintree Rehab. Hospital, 2<sup>nd</sup> Floor Conference Room C  
250 Pond St, Braintree, MA 02184

**Concord - Post-Concussion Adult Support Group**

Contact: Laura MacFeeley & Cynthia Cardeli BIA-MA Office #508-475-0032  
Time: 10:00 AM - 12:00 PM  
Date: 2<sup>nd</sup> Thursday of the month  
Place: 300 Baker Avenue, Conference Room A  
Concord, MA 01742

**Danvers - Mindfulness & Breathing Support Group**

Contact: Marcella Guerriero, #360-528-9226  
Time: 11:00 AM - 11:30 AM  
Date: 1<sup>st</sup> Thursday of the month  
Place: LifeWise, 11 Sylvan Street,  
Danvers, MA 01923

**Framingham - "Mild" Brain Injury Survivors**

Contact: Barbara Webster #508-478-7539  
Peggy Iebba  
Time: 10:30 - 12:00 PM  
Date: 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month (except July & August)  
Place: St. Andrew's Episcopal Church  
3 Maple St, Framingham, MA 01701

All Correspondence To: Barbara Webster, BIA-MA, 30 Lyman St, Suite #10,  
Westborough, MA 01581

**Haverhill - Brain Injury Survivors and Caregivers**

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032  
Maureen Trebbe, LICSW, # 978-372-8000  
Time: 6:00- 7:30 PM  
Date: 2<sup>nd</sup> Tuesday of the month  
Place: Whittier Rehabilitation Hospital- 2<sup>nd</sup> Floor Dining Room  
145 Ward Hill Ave., Bradford, MA 01835

### **Lexington - Survivor/Family Support Group**

Contact: Cindy Janik #781-862-0070 x302  
Shaun Grady  
Time: 3:00- 4:30 PM  
Date: 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month  
Place: Douglas House, Lower Level  
7 Oakland St, Lexington, MA 02420

### **Lowell - Brain Injury Survivor Support Group**

Contact: Laura MacFeeley, BIA-MA Office # 1-800-242-0030 x 30  
Time: 11:00- 12:30 PM  
Date: 1<sup>st</sup> Monday of the month  
Place: Lowell Community Health Center, 6<sup>th</sup> Floor  
161 Jackson St., Lowell, MA 01852

### **Lunenburg/North Central Mass. - Stroke & Brain Injury Support Group for Survivors, Family & Community Supporters**

Contacts: Pat Read #978-660-5187 or pjr1071@aol.com  
Bob Saiia #978-582-7239  
Time: 7:00 - 8:30 PM  
Date: 4<sup>th</sup> Tuesday of the month  
Place: Lunenburg Public Library  
1023 Massachusetts Ave, Lunenburg, MA 01462

### **Milford - Family & Survivors**

Contact: Denise Simoneau #508-422-2559 or [dsimoneau@milreg.org](mailto:dsimoneau@milreg.org)  
Time: 7:00 - 8:30 PM  
Date: 3<sup>rd</sup> Thursday of the month  
Place: Milford Regional Medical Center  
Hill Building - 4<sup>th</sup> Floor Conference Room  
14 Prospect St, Milford, MA 01757

### **Walpole - Survivors and Family Members**

Contact: Joanne Susi #508-735-4756 or [coachjsusi@verizon.net](mailto:coachjsusi@verizon.net)  
Michelle Kelly #508-734-0124  
Time: 6:30 - 8:00 PM  
Date: 2<sup>nd</sup> Tuesday of the Month  
Place: Walpole Housing Authority, Community Room  
8 Diamond Pond Terrace, Walpole, MA 02081

### **Westborough - Survivor's Arts Group\*\***

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032  
Time: 1:00 - 3:00 PM  
Date: 3<sup>rd</sup> Tuesday of the month (no Aug 2018 mtg)  
A quiet reflective environment for art and journaling  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581

\*Space is limited; please call before attending.

### **Westborough - Survivor's Arts & Lunch Group\*\***

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032  
Time: 11:00 AM - 1:00 PM  
Date: 1<sup>st</sup> Thursday of the month (No Group on 6/7)  
Bring your own bag lunch to art studio time! Water & snacks available-  
sketch, draw, paint!  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581  
\*Space is limited; please call before attending.

### **Westborough - Brain Games - Cognitive & Social Recreation Group for Survivors & Family**

Contact: Marie Murphy, BIA-MA Office 508-475-0032  
Time: 1:00 - 3:00 PM  
Date: 3<sup>rd</sup> Wednesday of the month  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581  
\*If you need assistance, please bring someone with you.

### **Westborough - Creative Corner Craft Group -Survivors & Family Members\*\***

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032  
Time: 1:00 - 3:00 PM  
Date: 3<sup>rd</sup> Thursday of the month  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581  
\*If you need assistance, please bring someone with you.

### **Weston - Survivor's Council**

Contacts: David "Chip" Bradley #781-894-0375 [dvd.bradley@gmail.com](mailto:dvd.bradley@gmail.com)  
Patricia Kaufman-Vaughan 781-585-5434  
[pat.kaufman-vaughan@outlook.com](mailto:pat.kaufman-vaughan@outlook.com)  
Time: 7:00 PM  
Dates: 2<sup>nd</sup> Tuesday of Feb., April, June, August, Oct. & Dec.  
Place: Coldwell Banker Residential Brokerage Office  
426 Boston Post Road, Weston, MA 02493

### **Worcester - Family & Survivors**

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032  
Time: 6:00-7:30 PM  
Date: 3<sup>rd</sup> Tuesday of the month (\*No July or August Mtg.)  
Place: First Baptist Church  
111 Park Ave, Worcester, MA 01609 (Corner of Park St & Salisbury St.)

### **Worcester - Fairlawn Brain Injury Caregiver Support Group**

PLEASE CALL BEFORE ATTENDING  
Contact: Megan Lyons #508-612-9662  
Time: 5:00 - 7:00 PM  
Date: Last Wednesday of each month  
Place: Fairlawn Rehabilitation Hospital, 2<sup>ND</sup> Floor Board Room  
189 May St, Worcester, MA 01602

## **SOUTHEAST REGION**

### **Cotuit - Family & Survivor**

Contact: Gary Brennan and Linda Aylmer  
Zelinda Pereira, BIA-MA Office # 508-743-0333  
Time: 10:00AM - Noon  
Date: 3<sup>rd</sup> Thursday of the month (\*no July meeting)  
Place: Cotuit Public Library  
871 Main St., Cotuit, MA 02635

### **Brewster - Lower Cape Caregiver Support Group**

Contact: Zelinda Pereira, BIA-MA Office # 508-743-0333  
Time: 1:00 - 3:00 PM  
Date: 4<sup>th</sup> Tuesday of the month  
Place: Brewster Ladies' Library, Lower Level  
1822 Main St, Route 6, Brewster, MA 02631

### **Chatham - Adult Post-Concussion Support Group**

Contact: Ann Pike-Paris # 508-255-3583  
Zelinda Pereira, BIA-MA Office # 508-743-0333  
Time: 10:30am-12:30pm  
Date: 3<sup>rd</sup> Tuesday of the Month  
Place: Cape Cod Fisherman's Alliance  
Captain Nathan Harding House - Barn Room  
1566 Main St.  
Chatham, MA 02633

### **E. Sandwich - Mild Brain Injury/Aneurysm Survivors Support Group**

Contact: Jenny Quigley-Stickney #508-539-3732  
Time: 2:00 - 4:00 PM  
Date: 3<sup>rd</sup> Saturday of the month  
Place: Corpus Christi Church, Room 10  
324 Quaker Meetinghouse Rd. (near exit 3)  
East Sandwich, MA 02537

### **E. Sandwich - Spaulding Adult Post-Concussion Support Group**

Contact: Ann Pike-Paris # 508-255-3583  
Zelinda Pereira, BIA-MA Office # 508-743-0333  
Time: 10:30am-12:00pm  
Date: 1<sup>st</sup> Wednesday of the Month  
Place: Spaulding Rehabilitation Hospital Cape Cod  
1<sup>st</sup> Floor Conference Room  
311 Service Road  
East Sandwich, MA 02537

### **E. Wareham - Creative Corner Arts Group\*\***

Contact: Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333  
Date & Time: Changes monthly so please call for details if you are interested  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

**E. Wareham - Caregiver Support Group - Morning Meetings**

Contact: Donna Bonia #508-946-1115  
Nancy Smith  
Times: 10:00 AM - 12:00 PM  
Date: 2<sup>nd</sup> Thursday of the month  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

**E. Wareham - Caregiver Support Group - Evening Meetings**

Contact: Donna Bonia #508-946-1115  
Nancy Smith  
Time: 6:00 - 7:30 PM  
Date: 4<sup>th</sup> Wednesday of the month  
Place: BIA-MA Southeastern Regional Office (Jordan Plaza)  
3119 Cranberry Highway, Suite 5F  
E. Wareham, MA 02538

**E. Wareham - Young Survivors (ages 18-25)**

Contact: Carol Joyce #352-536-5812  
BIA-MA Southeastern Region Office #888-607-7678  
Time: 6:00 - 7:30 PM  
Date: 1<sup>st</sup> Wednesday of the month  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

**Fall River - Brain Injury Survivor and Family Support Group**

Contacts: Peter Thomas #508-717-7493  
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333  
Time: 3:00 - 4:30 PM  
Date: 2<sup>nd</sup> Thursday of the month (\*No February Meeting)  
Place: Fall River Public Library, Meeting Room  
104 North Main St, Fall River, MA 02720

**Falmouth - "Night Out" Support Group for Young Survivors (ages 18+)**

Contact: Debra Cormier #508-564-8643  
Time: 5:30 - 7:30 PM  
Date: 3<sup>rd</sup> Friday of the month  
Place: St. Barnabas Episcopal Church  
Parish House  
91 West Main St.  
Falmouth, MA 02540

Please call before attending. Also, family and caregivers may attend and split off for their own "support time"

### **North Dighton - Survivors, Family & Caregivers**

Contact: Bob Cabral, #508-951-9014 or  
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333  
Time: 11:00-12:30PM (*\*no August meeting*)  
Date: 4<sup>th</sup> Monday of the month  
Place: St. Nicholas of Myra Church  
499 Spring St.  
North Dighton, MA 02764

### **New Bedford/Dartmouth - "Wishful Thinking Whalers" Support Group for Family & Survivors**

Contact: Tracy Tarvers #774-328-8322 or  
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333  
Time: 5:00 - 7:00 PM  
Date: 3<sup>rd</sup> Tuesday of the month  
Place: Howland Green Library  
3 Rodney French Blvd, New Bedford, MA 02740

### **Orleans - Survivors & Caregivers**

Contact: Ann Pike-Paris # 508-743-0333  
Time: 4:30 - 6:00 PM  
Date: 1<sup>st</sup> Tuesday of the month (*\*no July meeting*)  
Place: Spaulding Outpatient Center, Cafeteria  
65 Old Colony Way, Orleans, MA 02653

### **Plymouth - Family & Survivors Support Group**

Contact: Zelinda Pereira, BIA-MA Office # 508-743-0333  
Time: 6:30 - 8:00 PM (*\*no July or August meetings*)  
Date: 3<sup>rd</sup> Monday of the month  
Place: Plymouth Library, Otto Fellowship Room  
132 South St, Plymouth, MA 02360

### **Plymouth - Young People's Support Group (ages 18+) for Family & Survivors**

Contact: Lauren and Janice Fender # 508-789-0625  
Time: 6:00 - 8:00 PM  
Date: 4<sup>th</sup> Thursday of the month  
Place: Reach Office Conference Room  
20 Middle St, Plymouth, MA 02360

## **WESTERN REGION**

### **Chicopee - Brain Injury Support Group**

Contact: Service Net #413-206-7160 or BIA-MA Western Regional Office #413-443-0200  
Time: 1:00 - 3:00 PM  
Date: 4<sup>th</sup> Friday of the month  
Place: Service Net Enrichment Center  
355 Front St.  
Chicopee, MA 01020

**Great Barrington/Southern Berkshire Brain Injury Support Group (SBBISG)**

Contact: Lori Amato, # 703-508-8431  
Time: 4:00 - 6:00 PM  
Date: 3rd Tuesday of the month  
Place: Community Health Programs  
444 Stockbridge Rd, Great Barrington, MA 01230

**Greenfield - Brain Injury Support Group (GBISG)**

Contact: Peter Guiod, #413-773-2511  
Time: 5:00 - 7:00 pm  
Date: 4<sup>th</sup> Wednesday of the month  
Place: Baystate Franklin Medical Center  
164 High St, Greenfield, MA 01301

**Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) -  
Family & Survivors, Caregivers & Professionals**

Contact: Linda & Steve Lang-Gunn [pvbisg@gmail.com](mailto:pvbisg@gmail.com)  
Time: 7:00 - 8:30 PM  
Date: 1st Thursday each month (\*No July meeting)  
Place: Hadley Housing Authority- Community Room  
42 Golden Ct., Hadley, MA 01035  
Website: [www.pvbisg.org](http://www.pvbisg.org)

**Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) -  
Family & Caregivers**

Contact: Linda & Steve Lang-Gunn [pvbisg@gmail.com](mailto:pvbisg@gmail.com)  
Time: 6:30 - 8:00 PM  
Date: 3rd Thursday each month  
Place: Hadley Housing Authority- Community Room  
42 Golden Ct., Hadley, MA 01035  
Website: [www.pvbisg.org](http://www.pvbisg.org)

**Ludlow - Brain Injury Support Group for Survivors, Family and Caregivers (HSBISG)**

Contact: Deb White-Cabral, CTRS, #413-308-3363  
Time: 2:00-3:00 PM  
Date: 1<sup>st</sup> Thursday of the month  
Place: Healthsouth Rehabilitation Hospital of Western Massachusetts  
Cafeteria Conference Room  
222 State St., Ludlow, MA 01056

**Northampton - Brain Injury Support Group (Northampton BISG)**

Contact: Stacia Bissell, # 413-443-5813  
Karin O'Brien, #413-230-4550  
Time: 10:30 AM -12:30 PM  
Date: 2018 - 3/23, 4/13, 5/11, 6/8, 7/13, 8/10, 9/14, 10/12, 11/9, 12/20  
Place: Department of Developmental Services, Conference Room  
195 Industrial Drive, Northampton, MA 01060



**Pittsfield - Berkshire Brain Injury Support Group (BBISG)**

Contact: Helene Robillard, #413-499-1025  
Time: 4:00 - 6:00 PM  
Date: 2<sup>nd</sup> Tuesday of the month  
Place: Berkshire Medical Center, Center for Rehabilitation  
5<sup>th</sup> Floor Medical Arts Building  
777 North Street, Pittsfield, MA 01201

**Pittsfield - Creative Corner Arts Group\*\***

Contact: Helen Stewart, BIA-MA Western Regional Office #413-443-0200  
Place: BIA-MA Western Regional Office  
180-C Elm St, Pittsfield, MA 01201  
Date and Time: Meets monthly but day and time are variable to accommodate the monthly  
guest artist - please call for information.

**Pittsfield - Men's Group - Men Only**

Contact: Scott Doane, BIA-MA Western Regional Office #413-443-0200  
Time: 10:30AM - 12:30PM  
Date: 3<sup>rd</sup> Wednesday of the month  
Place: BIA-MA Western Regional Office  
180-C Elm St, Pittsfield, MA 01201

**Pittsfield - "Tea and Talk" - Women Only**

Contact: Helene Robillard, #413-499-1025  
Time: 1:00 - 3:00 PM  
Date: 1st Thursday of the month  
Place: BIA-MA Western Regional Office  
180-C Elm St, Pittsfield, MA 01201

**Springfield - Baystate Brain Injury Support Group (Baystate BISG) for Survivors, Family Members, Caregivers & Friends**

Contact: Helen Stewart, BIA-MA Western Regional Office #413-443-0200  
Time: 6:00 - 8:00 PM  
Date: 1<sup>st</sup> Wednesday of the month  
Place: Baystate Medical Center  
759 Chestnut St, Chestnut Bldg, room 5, Springfield, MA 01199

**Springfield - Mercy Brain Injury Support Group (MBISG)**

Contact: Sharon Abdalla #413-748-6892  
Annette Peet  
Time: 6:00 - 8:00 PM  
Date: 3<sup>rd</sup> Wednesday of the month  
Place: Mercy Hospital  
Deliso Conference Center, Lower Level  
299 Carew St, Springfield, MA 01104

**\*\* Groups with this designation are sponsored in part by the Statewide Head Injury Program, Mass Rehab Commission**

**OTHER GROUPS**  
(Not sponsored by BIA-MA)

**BU- Boston Aphasia Community Group - Survivors and Caregivers**

Contact: Jerome Kaplan #617-353-9867 or [jhkaplan@bu.edu](mailto:jhkaplan@bu.edu)  
Time: 11:00AM - 2:00 PM  
Date: Please call for dates and information  
Place: Boston University Sargent College, Room 102  
635 Commonwealth Ave., Boston, MA 02215  
Website: [www.bu.edu/aphasiacenter](http://www.bu.edu/aphasiacenter)

**Boston/Charlestown - Stroke Club - Open to community - All ages**

Contact: Karen Halfon #617-952-6560  
Time: 3:00 - 4:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month  
Place: Spaulding Rehab. Hospital, 300 First Ave, Charlestown, MA 02129

**Cambridge - MIT BRAIN TRUST**

Contacts: Julie Kim, Jennifer Lee  
[braintrust-exec@mit.edu](mailto:braintrust-exec@mit.edu), [bt-survivor-outreach@mit.edu](mailto:bt-survivor-outreach@mit.edu)  
Time & Dates: Monthly events  
Location: Massachusetts Institute of Technology (MIT), 77 Massachusetts Ave.  
Cambridge, MA 02139  
[braintrust.mit.edu](http://braintrust.mit.edu)

**E. Sandwich - Stroke Support Group & Peer Visitation Program**

Contact: Jim Graham #508-420-4574  
Time: 1:30-3:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month (No meetings in July or August)  
Place: Spaulding Cape Cod, 311 Service Rd, E. Sandwich, MA 02537

**Pittsfield - Berkshire Medical Center Stroke Support Group**

Contact: David Wasielewski #413-648-0152  
Date: 1<sup>st</sup> Tuesday of each month  
Place: Berkshire Medical Center, Center for Rehabilitation  
5<sup>th</sup> Floor Medical Arts Building  
777 North Street, Pittsfield, MA 01201

**Westborough - Stroke Support Group, Survivors & Caregivers**

Contact: Claudia Bess # 508-781-2165  
Time: 1:00 - 2:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month  
Place: Whittier Rehab. Hospital, 150 Flanders Road, Westborough, MA 01581

**Westborough - Aphasia Group, providing support and practice for people with aphasia, family & friends**

Contact: Molly Secrest #508-898-2371, [molly.secrest@verizon.net](mailto:molly.secrest@verizon.net)  
Time: 12:30 PM - 2:00 PM  
Date: 1st Tuesday of the Month  
Place: Whittier Rehabilitation Hospital  
150 Flanders Road - 2<sup>nd</sup> Floor dining Room  
Westborough, MA 01581  
<http://aphasiawestborough.com>