



30 Lyman St, Suite#10, Westborough, MA 01581  
#508-475-0032 or #800-242-0030

## **FAMILY, SURVIVOR & CAREGIVER SUPPORT GROUPS**

Our list is divided into three regions, Central/Northeast, Southeast/Cape & Western.

**Please call the leaders of the individual support group before attending.** The dates, times and locations of support group meetings are subject to change.

### **CENTRAL/NORTHEAST REGION**

#### **Beverly/North Shore - Survivors**

Contact: Tress Ricker, BIA-MA Office #800-242-0030 x13  
Marcella Guerriero, #360-528-9226  
Time: 11:00 AM - 12:30 PM  
Date: 3<sup>rd</sup> Thursday of the month  
Place: SeniorCare  
100 Cummings Center, Suite 106-H  
Beverly, MA 01915

#### **Boston/Boston University - Survivors**

Contact: Amanda Nardone #617-353-7521 or [amandan@bu.edu](mailto:amandan@bu.edu)  
Time: 6:00 PM - 8:00 PM  
Date: 4/12, 5/17 (April is a special cooking group at off site location. Space is limited...please call to reserve a spot)  
Place: Boston University  
635 Commonwealth Ave  
Sargent College, Room 610  
Boston, MA 02215

#### **Boston/Charlestown - "BABIS" - Family & Survivors**

Contact: Sally Johnson #617- 952-6254  
Time: 10 AM - 12 noon  
Date: 1<sup>st</sup> Saturday of the month  
No meeting in July, two outings a year, please check web site.  
Place: Spaulding Rehab. Hospital, 1<sup>st</sup> Floor, Rooms A & B  
300 First Ave, Charlestown, MA 02129  
Website: [www.babis.info/](http://www.babis.info/)

**Boston/Charlestown - "BABIS" - Additional Group for Family/Caregivers**

Contact: Sally Johnson #617- 952-6254  
Time: 10:30 AM - 12 noon  
Date: 1<sup>st</sup> Saturday of the month  
No meeting in July, two outings a year, please check web site.  
Place: Spaulding Rehab. Hospital, 1<sup>st</sup> Floor, Rooms A & B  
300 First Ave, Charlestown, MA 02129  
Website: [www.babis.info/](http://www.babis.info/)

**Braintree - Brain Injury/Stroke Support Group - Family & Survivors**

Contacts: Patricia Kaufman-Vaughan #781-585-5434  
Time: 6:30 - 8:00 PM  
Date: Last Thursday of the month  
Place: Braintree Rehab. Hospital, 2<sup>nd</sup> Floor Conference Room C  
250 Pond St, Braintree, MA 02184

**Central Region Young Adult Recreation Group (18-30 y.o.)**

Contact: Tress Ricker, BIA-MA Office #800-242-0030  
Periodic activities throughout the year  
Please call for information

**Concord - Post-Concussion Adult Support Group**

Contact: Lori Tomasetti, BIA-MA Office #800-242-0030 x31  
Time: 10:00 AM - 12:00 PM  
Date: 2<sup>nd</sup> Thursday of the month  
Place: 300 Baker Avenue, Conference Room A  
Concord, MA 01742

**Framingham - "Mild" Brain Injury Survivors**

Contact: Barbara Webster #508-478-7539  
Peggy Iebba  
Time: 10:30 - 12:00 PM  
Date: 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month (except July & August)  
Place: St. Andrew's Episcopal Church  
3 Maple St, Framingham, MA 01701

*All Correspondence To:* Barbara Webster, BIA-MA, 30 Lyman St, Suite #10,  
Westborough, MA 01581

**Haverhill - Brain Injury Survivors and Caregivers**

Contact: Tress Ricker, BIA-MA Office #508-475-0032  
Caroline Keaney, LICSW, # 978-846-9453  
Time: 6:00- 7:30 PM  
Date: 2<sup>nd</sup> Tuesday of the month  
Place: Whittier Rehabilitation Hospital- 2<sup>nd</sup> Floor Dining Room  
145 Ward Hill Ave., Bradford, MA 01835

### **Lexington - Survivor/Family Support Group**

Contact: Cindy Janik #781-862-0070 x302  
Shaun Grady  
Time: 3:00- 4:30 PM  
Date: 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month  
Place: Douglas House, Lower Level  
7 Oakland St, Lexington, MA 02420

### **Lowell - Brain Injury Survivor Support Group**

Contact: Tress Ricker, BIA-MA Office #1-800-242-0030 x13  
Laura MacFeely, BIA-MA Office # 1-800-242-0030 x 30  
Time: 11:00- 12:30 PM  
Date: 1<sup>st</sup> Monday of the month (No meeting in July or Sept.)  
Place: Lowell Community Health Center, 6<sup>th</sup> Floor  
161 Jackson St., Lowell, MA 01852

### **Lunenburg/North Central Mass. - Stroke & Brain Injury Support Group for Survivors, Family & Community Supporters**

Contacts: Pat Read #978-660-5187 or pjr1071@aol.com  
Bob Saiia #978-582-7239  
Time: 7:00 - 8:30 PM  
Date: 4<sup>th</sup> Tuesday of the month  
Place: Lunenburg Public Library  
1023 Massachusetts Ave, Lunenburg, MA 01462

### **Milford - Family & Survivors**

Contact: Denise Simoneau #508-422-2559 or [dsimoneau@milreg.org](mailto:dsimoneau@milreg.org)  
Time: 7:00 - 8:30 PM  
Date: 3<sup>rd</sup> Thursday of the month  
Place: Milford Regional Medical Center  
Hill Building - 4<sup>th</sup> Floor Conference Room  
14 Prospect St, Milford, MA 01757

### **North Reading - Brain Injury Family & Caregiver Support Group**

Contact: Tress Ricker, BIA-MA Office #800-242-0030 x13  
Time: 6:00 - 7:30 PM  
Date: 1<sup>st</sup> Tuesday of the month  
Place: Aldersgate United Methodist Church  
235 Park St., Classroom 1  
North Reading, MA 01864

### **Walpole - Survivors and Family Members**

Contact: Joanne Susi #508-735-4756 or [coachjsusi@verizon.net](mailto:coachjsusi@verizon.net)  
Michelle Kelly #508-734-0124  
Time: 6:30 - 8:00 PM  
Date: 2<sup>nd</sup> Tuesday of the Month  
Place: Walpole Housing Authority, Community Room  
8 Diamond Pond Terrace, Walpole, MA 02081

**Westborough - Survivor's Arts Group**

Contact: Tress Ricker, BIA-MA Office #800-242-0030 x13  
Time: 1:00 - 3:00 PM  
Date: 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month (\*No July or August Meetings)  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581

\*Space is limited; please call before attending for the first time.

**Westborough - Brain Games - Cognitive & Social Recreation Group for Survivors & Family**

Contact: Lori Tomasetti, BIA-MA Office #800-242-0030 x31  
Time: 1:00 - 3:00 PM  
Date: 3<sup>rd</sup> Wednesday of the month (\*No July Meeting)  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581

\*If you need assistance, please bring someone with you.  
Space is limited; please call before attending for the first time.

**Westborough - Creative Minds Craft Group -Survivors & Family Members**

Contact: Tress Ricker, BIA-MA Office #800-242-0030 x13  
Laura MacFeely, BIA-MA Office # 800-242-0030 x30  
Time: 1:00 - 3:00 PM  
Date: 2<sup>nd</sup> Thursday of the month  
Place: Brain Injury Assoc. of MA  
30 Lyman St, Suite #10, Westborough, MA 01581

\*If you need assistance, please bring someone with you.  
space is limited; please call before attending for the first time.

**Weston - Survivor's Council**

Contacts: David "Chip" Bradley #781-894-0375 [dvd.bradley@gmail.com](mailto:dvd.bradley@gmail.com)  
Patricia Kaufman-Vaughan 781-585-5434  
[pat.kaufman-vaughan@outlook.com](mailto:pat.kaufman-vaughan@outlook.com)  
Time: 7:00 PM  
Dates: 2<sup>nd</sup> Tuesday of Feb., April, June, Aug., Oct., and Dec.  
Place: Coldwell Banker Residential Brokerage Office  
426 Boston Post Road, Weston, MA 02493

**Worcester - Family & Survivors**

Contact: Beth Pusey, BIA-MA Office #800-242-0030 x19  
Time: 6:00-7:30 PM  
Date: 3<sup>rd</sup> Tuesday of the month (except July & August)  
Place: First Baptist Church  
111 Park Ave, Worcester, MA 01609 (Corner of Park St &Salisbury St.)

### **Worcester - Fairlawn Brain Injury Caregiver Support Group**

PLEASE CALL BEFORE ATTENDING

Contact: Megan Lyons #508-612-9662  
Time: 5:00 - 7:00 PM  
Date: Last Wednesday of each month  
Place: Fairlawn Rehabilitation Hospital, 2<sup>ND</sup> Floor Board Room  
189 May St, Worcester, MA 01602

### **SOUTHEAST REGION**

#### **Barnstable/Cotuit - Family & Survivor**

Contact: Jeff Garrison #508-274-4636  
Time: 10:00AM - Noon  
Date: 3<sup>rd</sup> Thursday of the month  
Place: Cotuit Public Library  
871 Main St., Cotuit, MA 02635

#### **Barnstable/Hyannis - Brain Injury/Epilepsy - Survivors & Caregivers**

Contact: Jeff Garrison #508-274-4636  
Time: 4:00 - 6:00 PM  
Date: 3<sup>rd</sup> Wednesday of the month  
Place: Cape Cod Hospital  
Mugar Building, Cummaquid Room  
27 Park St, Hyannis, MA 02601

#### **Bourne - "Brilliant Buzzards" - Caregiver and Survivor Support Group**

Contact: Vicki Carr #508-759-2049  
Time: 5:00-6:30pm  
Date: 4<sup>th</sup> Tuesday of the Month  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

#### **Brewster - Lower Cape Caregiver Support Group**

Contact: Jeff Garrison #508-274-4636  
Time: 1:00 - 3:00 PM  
Date: 4<sup>th</sup> Tuesday of the month  
Place: Brewster Ladies' Library, Lower Level  
1822 Main St, Route 6, Brewster, MA 02631

#### **Fall River - Brain Injury Survivor and Family Support Group**

Contacts: Peter Thomas #508-717-7493  
John Tripp #774-360-4503  
Zelinda Pereira, BIA-MA Southeastern Regional Office #888-607-7678  
Time: 3:00 - 4:30 PM  
Date: 2<sup>nd</sup> Thursday of the month (April Mtg. on the 13<sup>th</sup>- call for details)  
Place: Fall River Public Library, Meeting Room  
104 North Main St, Fall River, MA 02720

**Falmouth - Stroke Support Group - Family & Survivors**

Contact: Mildred Lisk #508-540-7641  
Time: 1:30 - 3:00 PM  
Date: 2<sup>nd</sup> Tuesday of the month, (\*No July or August meeting)  
Place: Atria Woodbriar  
389 Gifford St.  
Falmouth, MA 02540

**North Dighton - Survivors, Family & Caregivers**

Contact: Bob Cabral, #508-951-9014 or  
Zelinda Pereira, BIA-MA Southeastern Regional Office #888-607-7678  
Time: 11:00-12:30PM  
Date: 4<sup>th</sup> Monday of the month  
Place: St. Nicholas of Myra Church  
499 Spring St.  
North Dighton, MA 02764

**New Bedford/Dartmouth - "Wishful Thinking Whalers" Support Group for Family & Survivors**

Contact: Tracy Tarvers #774-328-8322 or  
Zelinda Pereira, BIA-MA Southeastern Regional Office #888-607-7678  
Time: 5:00 - 7:00 PM  
Date: 3<sup>rd</sup> Tuesday of the month  
Place: Howland Green Library  
3 Rodney French Blvd, New Bedford, MA 02740

**Orleans - Survivors & Caregivers**

Contact: Jeff Garrison #508-274-4636  
Time: 3:00 - 5:00 PM  
Date: 1<sup>st</sup> Tuesday of the month  
Place: Spaulding Outpatient Center, Cafeteria  
65 Old Colony Way, Orleans, MA 02653

**Plymouth - Family & Survivors Support Group**

Contact: Liz Lauzon #508-840-0522 or [LizLauzon29@gmail.com](mailto:LizLauzon29@gmail.com)  
Time: 6:30 - 8:00 PM  
Date: 3<sup>rd</sup> Monday of the month  
Place: Plymouth Library, Otto Fellowship Room  
123 South St, Plymouth, MA 02360

**Plymouth - Young People's Support Group (ages 18-35)**

Contact: Lauren and Janice Fender # 508-789-0625  
Time: 6:00 - 8:00 PM  
Date: 4<sup>th</sup> Thursday of the month  
Place: Reach Office Conference Room  
20 Middle St, Plymouth, MA 02360

**NEW! E. Sandwich - Spaulding Adult Post-Concussion Support Group**

Contact: Ann Pike-Paris # 508-255-3583  
Lori Tomasetti, BIA-MA Office # 800-242-0030 X 31  
Time: 10:30am-12:00pm  
Date: 1<sup>st</sup> Thursday of the Month  
Place: Spaulding Rehabilitation Hospital Cape Cod  
1<sup>st</sup> Floor Conference Room  
311 Service Road  
East Sandwich, MA 02537

**E. Sandwich - Mild Brain Injury/Aneurysm Survivors Support Group**

Contact: Jenny Quigley-Stickney #508-539-3732  
Time: 2:00 - 4:00 PM  
Date: 3<sup>rd</sup> Saturday of the month  
Place: Corpus Christi Church, Room 10  
324 Quaker Meetinghouse Rd. (near exit 3)  
East Sandwich, MA 02537

**E. Wareham - Caregiver Support Group - Morning Meetings**

Contact: Donna Bonia #508-946-1115  
Nancy Smith  
Times: 10:00 AM - 12:00 PM  
Date: 2<sup>nd</sup> Thursday of the month  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

**E. Wareham - Caregiver Support Group - Evening Meetings**

Contact: Donna Bonia #508-946-1115  
Nancy Smith  
Time: 6:00 - 7:30 PM  
Date: 4<sup>th</sup> Wednesday of the month  
Place: BIA-MA Southeastern Regional Office (Jordan Plaza)  
3119 Cranberry Highway, Suite 5F  
E. Wareham, MA 02538

**E. Wareham - Young Survivors (ages 18-25)**

Contact: Carol Joyce #352-536-5812  
BIA-MA Southeastern Region Office #888-607-7678  
Time: 6:00 - 7:30 PM  
Date: 1<sup>st</sup> Wednesday of the month  
Place: BIA-MA Southeastern Regional Office  
3119 Cranberry Highway, Suite 5F (Jordan Plaza)  
E. Wareham, MA 02538

## **WESTERN REGION**

### **Chicopee - Brain Injury Support Group**

Contact: Jennifer Summers, BIA-MA Western Regional Office #888-554-5553  
Time: 1:00 - 3:00 PM  
Date: 4<sup>th</sup> Friday of the month  
Place: Service Net Enrichment Center  
355 Front St.  
Chicopee, MA 01020

### **Great Barrington/Southern Berkshire Brain Injury Support Group (SBBISG)**

Contact: Jennifer Summers, BIA-MA Western Regional Office #888-554-5553  
Lori Amato  
Time: 4:00 - 6:00 PM  
Date: 3<sup>rd</sup> Tuesday of the month  
Place: Community Health Programs  
444 Stockbridge Rd, Great Barrington, MA 01230

### **Greenfield - Brain Injury Support Group (GBISG)**

Contact: Scott Doane, Western Regional Office #888-554-5553  
Peter Guiod  
Time: 5:00 - 7:00 pm  
Date: 4<sup>th</sup> Wednesday of the month  
Place: Baystate Franklin Medical Center  
164 High St, Greenfield, MA 01301

### **Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) - Family & Survivors, Caregivers & Professionals**

Contact: Linda & Steve Lang-Gunn [pvbisg@gmail.com](mailto:pvbisg@gmail.com)  
Time: 7:00 - 8:30 PM  
Date: 1<sup>st</sup> Thursday each month (\*No July meeting)  
Place: Hadley Housing Authority- Community Room  
42 Golden Ct., Hadley, MA 01035  
Website: [www.pvbisg.org](http://www.pvbisg.org)

### **Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) - Family & Caregivers**

Contact: Linda & Steve Lang-Gunn [pvbisg@gmail.com](mailto:pvbisg@gmail.com)  
Time: 7:00 - 8:30 PM  
Date: 3<sup>rd</sup> Thursday each month (\*No July meeting)  
Place: Hadley Housing Authority- Community Room  
42 Golden Ct., Hadley, MA 01035  
Website: [www.pvbisg.org](http://www.pvbisg.org)



**Ludlow - Brain Injury Support Group for Survivors, Family and Caregivers (HSBISG)**

Contact: Jennifer Summers, Western Regional Office #888-554-5553  
Deb White-Cabral, CTRS, #413-308-3363  
Time: 2:00-3:00 PM  
Date: 1<sup>st</sup> Thursday of the month  
Place: Healthsouth Rehabilitation Hospital of Western Massachusetts  
Cafeteria Conference Room  
222 State St., Ludlow, MA 01056

**Northampton - Brain Injury Support Group (Northampton BISG)**

Contact: Cynthia Cardeli & Stacia Bissell  
BIA-MA Western Regional Office #888-554-5553  
Time: 10:30 AM -12:30 PM  
Date: 2017 Dates: 4/21, 5/12, 6/22, 7/14, 8/25,  
9/15, 10/13, 11/10, 12/21  
Place: Department of Developmental Services, Conference Room  
195 Industrial Drive, Northampton, MA 01060

**North Adams - Northern Berkshire Brain Injury Support Group (NBBISG)**

Contact: Anita & Rebecca Gleason  
Western Regional Office #888-554-5553  
Time: 5:00-7:00 PM  
Date: 4<sup>th</sup> Tuesday of month  
Place: BFAIR - Berkshire Family and Individual Resources  
771 South Church St, North Adams, MA 01247

**Pittsfield - Berkshire Brain Injury Support Group (BBISG)**

Contact: Helen Stewart & Jeff Robinson, Western Regional Office #888-554-5553  
Time: 4:00 - 6:00 PM  
Date: 2<sup>nd</sup> Tuesday of the month  
Place: Berkshire Medical Center, Center for Rehabilitation  
5<sup>th</sup> Floor Medical Arts Building  
777 North Street, Pittsfield, MA 01201

**Pittsfield - Men's Group - Men Only**

Contact: Scott Doane, BIA-MA Western Regional Office #888-554-5553  
Time: 1:00 - 3:00 PM  
Date: 2<sup>nd</sup> Friday of the month  
Place: BIA-MA Western Regional Office  
180-C Elm St, Pittsfield, MA 01201

**Pittsfield - "Tea and Talk" - Women Only**

Contact: Helen Stewart, BIA-MA Western Regional Office #888-554-5553  
Helene Robillard  
Time: 1:00 - 3:00 PM  
Date: 1st Thursday of the month  
Place: BIA-MA Western Regional Office  
180-C Elm St, Pittsfield, MA 01201

**Springfield - Baystate Brain Injury Support Group (Baystate BISG) for Survivors, Family Members, Caregivers & Friends**

Contact: Helen Stewart, BIA-MA Western Regional Office #888-554-5553  
Time: 6:00 - 8:00 PM  
Date: 1<sup>st</sup> Wednesday of the month (\*No February meeting)  
Place: Baystate Medical Center  
759 Chestnut St, Springfield, MA 01199

**Springfield - Mercy Brain Injury Support Group (MBISG)**

Contact: Sharon Abdalla #413-748-6892  
Annette Peet  
Time: 6:00 - 8:00 PM  
Date: 3<sup>rd</sup> Wednesday of the month  
Place: Mercy Hospital  
Deliso Conference Center, Lower Level  
299 Carew St, Springfield, MA 01104

**OTHER GROUPS**

(Not sponsored by BIA-MA)

**BU- Boston Aphasia Community Group - Survivors and Caregivers**

Contact: Jerome Kaplan #617-353-9867 or jhkaplan@bu.edu  
Time: 11:00AM - 2:00 PM  
Date: Oct. 15<sup>th</sup>, Nov., 12<sup>th</sup> and Dec. 17<sup>th</sup>, 2016  
Place: Boston University Sargent College, Room 102  
635 Commonwealth Ave., Boston, MA 02215  
Website: [www.bu.edu/aphasiacenter](http://www.bu.edu/aphasiacenter)

**Boston/Charlestown - Stroke Club - Open to community - All ages**

Contact: Karen Halfon #617-952-6560  
Time: 3:00 - 4:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month  
Place: Spaulding Rehab. Hospital  
300 First Ave, Charlestown, MA 02129

### **Cambridge - MIT BRAIN TRUST**

Contacts: Julie Kim, Jennifer Lee  
[braintrust-exec@mit.edu](mailto:braintrust-exec@mit.edu), [bt-survivor-outreach@mit.edu](mailto:bt-survivor-outreach@mit.edu)  
Time & Dates: Monthly events  
Location: Massachusetts Institute of Technology (MIT)  
77 Massachusetts Ave.  
Cambridge, MA 02139  
[braintrust.mit.edu](http://braintrust.mit.edu)

### **Pittsfield - Berkshire Medical Center Stroke Support Group**

Contact: David Wasielewski #413-648-0152  
Date: 1<sup>st</sup> Tuesday of each month  
Place: Berkshire Medical Center, Center for Rehabilitation  
5<sup>th</sup> Floor Medical Arts Building  
777 North Street, Pittsfield, MA 01201

### **E. Sandwich - Stroke Support Group & Peer Visitation Program**

Contact: Jim Graham #508-420-4574  
Time: 1:30-3:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month (No meetings in July or August)  
Place: Spaulding Cape Cod  
311 Service Rd, E. Sandwich, MA 02537

### **Westborough - Stroke Support Group, Survivors & Caregivers**

Contact: Claudia Bess # 508-781-2165  
Time: 1:00 - 2:30 PM  
Date: 2<sup>nd</sup> Wednesday of the month  
Place: Whittier Rehab. Hospital  
150 Flanders Road.  
Westborough, MA 01581

### **Westborough - Aphasia Group, providing support and practice for people with aphasia, family & friends**

Contact: Molly Secrest #508-898-2371, [molly.secrest@verizon.net](mailto:molly.secrest@verizon.net)  
Time: 11:30 AM - 12:45 PM  
Date: 2<sup>nd</sup> Tuesday of the Month  
Place: Congregation B'Nai Shalom  
117 East Main St.  
Westborough, MA 01581  
<http://aphasiawestborough.com>