



30 Lyman St, Suite#10, Westborough, MA 01581
#508-475-0032 or #800-242-0030

FAMILY, SURVIVOR & CAREGIVER SUPPORT GROUPS

Our list is divided into three regions, Central/Northeast, Southeast/Cape & Western

Please call the leaders of the individual support group before attending.
The dates, times and locations of support group meetings are subject to change.

CENTRAL/NORTHEAST REGION

Beverly/North Shore - Survivors

Contact: Marcella Guerriero, #360-528-9226
Time: 11:00 AM - 12:30 PM
Date: 3rd Thursday of the month
Place: SeniorCare
100 Cummings Center, Suite 106-H
Beverly, MA 01915

Boston/Boston University - Survivors

Contact: Amanda Nardone #617-353-7521 or amandan@bu.edu
Time: 6:00 PM - 8:00 PM
Date: 5/9, 6/6
Place: Boston University
635 Commonwealth Ave
Sargent College (Please call for room number as it may change monthly)
Boston, MA 02215

Boston/Charlestown - "BABIS" - Family & Survivors

Contact: Sally Johnson #617- 952-6254
Time: 10 AM - 12 noon
Date: 1st Saturday of the month
No meeting in July, two outings a year, please check web site.
Place: Spaulding Rehab. Hospital, 1st Floor, Rooms A & B
300 First Ave, Charlestown, MA 02129
Website: www.babis.info/

Boston/Charlestown - "BABIS" - Additional Group for Family/Caregivers

Contact: Sally Johnson #617- 952-6254
Time: 10:30 AM - 12 noon
Date: 1st Saturday of the month
No meeting in July, two outings a year, please check web site.
Place: Spaulding Rehab. Hospital, 1st Floor, Rooms A & B
300 First Ave, Charlestown, MA 02129
Website: www.babis.info/

Braintree - Brain Injury/Stroke Support Group - Family & Survivors

Contacts: Patricia Kaufman-Vaughan #781-585-5434
Time: 6:30 - 8:00 PM
Date: Last Thursday of the month
Place: Braintree Rehab. Hospital, 2nd Floor Conference Room C
250 Pond St, Braintree, MA 02184

Concord - Post-Concussion Adult Support Group

Contact: Laura MacFeeley & Cynthia Cardreli BIA-MA Office #508-475-0032
Time: 10:00 AM - 12:00 PM
Date: 2nd Thursday of the month
Place: 300 Baker Avenue, Conference Room A
Concord, MA 01742

Danvers - Mindfulness & Breathing Support Group

Contact: Marcella Guerriero, #360-528-9226
Time: 11:00 AM - 11:30 AM
Date: 1st Thursday of the month
Place: LifeWise, 11 Sylvan Street,
Danvers, MA 01923

Framingham - "Mild" Brain Injury Survivors

Contact: Barbara Webster #508-478-7539
Peggy Iebba
Time: 10:30 - 12:00 PM
Date: 2nd and 4th Tuesdays of the month (except July & August)
Place: St. Andrew's Episcopal Church
3 Maple St, Framingham, MA 01701

All Correspondence To: Barbara Webster, BIA-MA, 30 Lyman St, Suite #10,
Westborough, MA 01581

Haverhill - Brain Injury Survivors and Caregivers

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032
Maureen Trebbe, LICSW, # 978-372-8000
Time: 6:00- 7:30 PM
Date: 2nd Tuesday of the month
Place: Whittier Rehabilitation Hospital- 2nd Floor Dining Room
145 Ward Hill Ave., Bradford, MA 01835

Lexington - Survivor/Family Support Group

Contact: Cindy Janik #781-862-0070 x302
Shaun Grady
Time: 3:00- 4:30 PM
Date: 1st & 3rd Tuesdays of the month
Place: Douglas House, Lower Level
7 Oakland St, Lexington, MA 02420

Lowell - Brain Injury Survivor Support Group

Contact: Laura MacFeeley, BIA-MA Office # 1-800-242-0030 x 30
Time: 11:00- 12:30 PM
Date: 1st Monday of the month
Place: Lowell Community Health Center, 6th Floor
161 Jackson St., Lowell, MA 01852

Lunenburg/North Central Mass. - Stroke & Brain Injury Support Group for Survivors, Family & Community Supporters

Contacts: Pat Read #978-660-5187 or pjr1071@aol.com
Bob Saiia #978-582-7239
Time: 7:00 - 8:30 PM
Date: 4th Tuesday of the month
Place: Lunenburg Public Library
1023 Massachusetts Ave, Lunenburg, MA 01462

Milford - Family & Survivors

Contact: Denise Simoneau #508-422-2559 or dsimoneau@milreg.org
Time: 7:00 - 8:30 PM
Date: 3rd Thursday of the month
Place: Milford Regional Medical Center
Hill Building - 4th Floor Conference Room
14 Prospect St, Milford, MA 01757

Walpole - Survivors and Family Members

Contact: Joanne Susi #508-735-4756 or coachjsusi@verizon.net
Michelle Kelly #508-734-0124
Time: 6:30 - 8:00 PM
Date: 2nd Tuesday of the Month
Place: Walpole Housing Authority, Community Room
8 Diamond Pond Terrace, Walpole, MA 02081

Westborough - Survivor's Arts Group**

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032
Time: 1:00 - 3:00 PM
Date: 1st and 3rd Tuesdays of the month
A quiet reflective environment for art and journaling
Place: Brain Injury Assoc. of MA
30 Lyman St, Suite #10, Westborough, MA 01581

*Space is limited; please call before attending.

Westborough - Survivor's Arts & Lunch Group**

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032
Time: 11:00 AM - 1:00 PM
Date: 1st Thursday of the month (No Group on 6/7)
Bring your own bag lunch to art studio time! Water & snacks available-
sketch, draw, paint!
Place: Brain Injury Assoc. of MA
30 Lyman St, Suite #10, Westborough, MA 01581
*Space is limited; please call before attending.

Westborough - Brain Games - Cognitive & Social Recreation Group for Survivors & Family**

Contact: Marie Murphy, BIA-MA Office 508-475-0032
Time: 1:00 - 3:00 PM
Date: 3rd Wednesday of the month
Place: Brain Injury Assoc. of MA
30 Lyman St, Suite #10, Westborough, MA 01581

*If you need assistance, please bring someone with you.

Westborough - Creative Corner Craft Group -Survivors & Family Members**

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032
Time: 1:00 - 3:00 PM
Date: 3rd Thursday of the month
Place: Brain Injury Assoc. of MA
30 Lyman St, Suite #10, Westborough, MA 01581

*If you need assistance, please bring someone with you.

Weston - Survivor's Council

Contacts: David "Chip" Bradley #781-894-0375 dvd.bradley@gmail.com
Patricia Kaufman-Vaughan 781-585-5434
pat.kaufman-vaughan@outlook.com
Time: 7:00 PM
Dates: 2nd Tuesday of Feb., April, June, August, Oct. & Dec.
Place: Coldwell Banker Residential Brokerage Office
426 Boston Post Road, Weston, MA 02493

Worcester - Family & Survivors

Contact: Laura MacFeeley, BIA-MA Office #508-475-0032
Time: 6:00-7:30 PM
Date: 3rd Tuesday of the month (*No July or August Mtg.)
Place: First Baptist Church
111 Park Ave, Worcester, MA 01609 (Corner of Park St & Salisbury St.)

Worcester - Fairlawn Brain Injury Caregiver Support Group

PLEASE CALL BEFORE ATTENDING

Contact: Megan Lyons #508-612-9662
Time: 5:00 - 7:00 PM
Date: Last Wednesday of each month
Place: Fairlawn Rehabilitation Hospital, 2ND Floor Board Room
189 May St, Worcester, MA 01602

SOUTHEAST REGION

Cotuit - Family & Survivor

Contact: Zelinda Pereira, BIA-MA Office # 508-743-0333
Time: 10:00AM - Noon
Date: 3rd Thursday of the month (*no July or August meetings)
Place: Cotuit Public Library
871 Main St., Cotuit, MA 02635

Brewster - Lower Cape Caregiver Support Group

Contact: Zelinda Pereira, BIA-MA Office # 508-743-0333
Time: 1:00 - 3:00 PM
Date: 4th Tuesday of the month
Place: Brewster Ladies' Library, Lower Level
1822 Main St, Route 6, Brewster, MA 02631

Chatham - Adult Post-Concussion Support Group

Contact: Ann Pike-Paris # 508-255-3583
Zelinda Pereira, BIA-MA Office # 508-743-0333
Time: 10:30am-12:30pm
Date: 3rd Tuesday of the Month
Place: Cape Cod Fisherman's Alliance
Captain Nathan Harding House - Barn Room
1566 Main St.
Chatham, MA 02633

E. Sandwich - Mild Brain Injury/Aneurysm Survivors Support Group

Contact: Jenny Quigley-Stickney #508-539-3732
Time: 2:00 - 4:00 PM
Date: 3rd Saturday of the month
Place: Corpus Christi Church, Room 10
324 Quaker Meetinghouse Rd. (near exit 3)
East Sandwich, MA 02537

E. Sandwich - Spaulding Adult Post-Concussion Support Group

Contact: Ann Pike-Paris # 508-255-3583
Zelinda Pereira, BIA-MA Office # 508-743-0333
Time: 10:30am-12:00pm
Date: 1st Wednesday of the Month
Place: Spaulding Rehabilitation Hospital Cape Cod
1st Floor Conference Room
311 Service Road
East Sandwich, MA 02537

E. Wareham - Creative Corner Arts Group**

Contact: Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333
Date & Time: Changes monthly so please call for details if you are interested
Place: BIA-MA Southeastern Regional Office
3119 Cranberry Highway, Suite 5F (Jordan Plaza)
E. Wareham, MA 02538

E. Wareham - Caregiver Support Group - Morning Meetings

Contact: Donna Bonia #508-946-1115
Nancy Smith
Times: 10:00 AM - 12:00 PM
Date: 2nd Thursday of the month
Place: BIA-MA Southeastern Regional Office
3119 Cranberry Highway, Suite 5F (Jordan Plaza)
E. Wareham, MA 02538

E. Wareham - Caregiver Support Group - Evening Meetings

Contact: Donna Bonia #508-946-1115
Nancy Smith
Time: 6:00 - 7:30 PM
Date: 4th Wednesday of the month
Place: BIA-MA Southeastern Regional Office (Jordan Plaza)
3119 Cranberry Highway, Suite 5F
E. Wareham, MA 02538

E. Wareham - Young Survivors (ages18-25)

Contact: Carol Joyce #352-536-5812
BIA-MA Southeastern Region Office #888-607-7678
Time: 6:00 - 7:30 PM
Date: 1st Wednesday of the month
Place: BIA-MA Southeastern Regional Office
3119 Cranberry Highway, Suite 5F (Jordan Plaza)
E. Wareham, MA 02538

Fall River - Brain Injury Survivor and Family Support Group

Contacts: Peter Thomas #508-717-7493
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333
Time: 3:00 - 4:30 PM
Date: 2nd Thursday of the month (*No February Meeting)
Place: Fall River Public Library, Meeting Room
104 North Main St, Fall River, MA 02720

Falmouth - "Night Out" Support Group for Young Survivors

Contact: Debra Cormier #508-564-8643
Time: 5:30 - 7:30 PM
Date: 3rd Friday of the month
Place: St. Barnabas Episcopal Church
Parish House
91 West Main St.
Falmouth, MA 02540

Please call before attending. Also, family and caregivers may attend and split off for their own "support time"

North Dighton - Survivors, Family & Caregivers

Contact: Bob Cabral, #508-951-9014 or
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333
Time: 11:00-12:30PM (**no August meeting*)
Date: 4th Monday of the month
Place: St. Nicholas of Myra Church
499 Spring St.
North Dighton, MA 02764

New Bedford/Dartmouth - "Wishful Thinking Whalers" Support Group for Family & Survivors

Contact: Tracy Tarvers #774-328-8322 or
Zelinda Pereira, BIA-MA Southeastern Regional Office #508-743-0333
Time: 5:00 - 7:00 PM
Date: 3rd Tuesday of the month
Place: Howland Green Library
3 Rodney French Blvd, New Bedford, MA 02740

Orleans - Survivors & Caregivers

Contact: Zelinda Pereira, BIA-MA Office # 508-743-0333
Time: 4:30 - 6:00 PM
Date: 1st Tuesday of the month (**no July or August meetings*)
Place: Spaulding Outpatient Center, Cafeteria
65 Old Colony Way, Orleans, MA 02653

Plymouth - Family & Survivors Support Group

Contact: Liz Lauzon #781-506-6360 or LizLauzon29@gmail.com
Time: 6:30 - 8:00 PM (**no July meeting*)
Date: 3rd Monday of the month
Place: Plymouth Library, Otto Fellowship Room
132 South St, Plymouth, MA 02360

Plymouth - Young People's Support Group (ages 18-35)

Contact: Lauren and Janice Fender # 508-789-0625
Time: 6:00 - 8:00 PM
Date: 4th Thursday of the month
Place: Reach Office Conference Room
20 Middle St, Plymouth, MA 02360

WESTERN REGION

Chicopee - Brain Injury Support Group

Contact: Service Net #413-206-7160 or BIA-MA Western Regional Office #413-443-0200
Time: 1:00 - 3:00 PM
Date: 4th Friday of the month
Place: Service Net Enrichment Center
355 Front St.
Chicopee, MA 01020

Great Barrington/Southern Berkshire Brain Injury Support Group (SBBISG)

Contact: Lori Amato, # 703-508-8431
Time: 4:00 - 6:00 PM
Date: 3rd Tuesday of the month
Place: Community Health Programs
444 Stockbridge Rd, Great Barrington, MA 01230

Greenfield - Brain Injury Support Group (GBISG)

Contact: Peter Guiod, #413-773-2511
Time: 5:00 - 7:00 pm
Date: 4th Wednesday of the month
Place: Baystate Franklin Medical Center
164 High St, Greenfield, MA 01301

**Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) -
Family & Survivors, Caregivers & Professionals**

Contact: Linda & Steve Lang-Gunn pvbisg@gmail.com
Time: 7:00 - 8:30 PM
Date: 1st Thursday each month (*No July meeting)
Place: Hadley Housing Authority- Community Room
42 Golden Ct., Hadley, MA 01035
Website: www.pvbisg.org

**Hadley - Pioneer Valley Brain Injury Support Group (PVBISG) -
Family & Caregivers**

Contact: Linda & Steve Lang-Gunn pvbisg@gmail.com
Time: 6:30 - 8:00 PM
Date: 3rd Thursday each month
Place: Hadley Housing Authority- Community Room
42 Golden Ct., Hadley, MA 01035
Website: www.pvbisg.org

Ludlow - Brain Injury Support Group for Survivors, Family and Caregivers (HSBISG)

Contact: Deb White-Cabral, CTRS, #413-308-3363
Time: 2:00-3:00 PM
Date: 1st Thursday of the month
Place: Healthsouth Rehabilitation Hospital of Western Massachusetts
Cafeteria Conference Room
222 State St., Ludlow, MA 01056

Northampton - Brain Injury Support Group (Northampton BISG)

Contact: Stacia Bissell, # 413-443-5813
Karin O'Brien, #413-230-4550
Time: 10:30 AM -12:30 PM
Date: 2018 - 3/23, 4/13, 5/11, 6/8, 7/13, 8/10, 9/14, 10/12, 11/9, 12/20
Place: Department of Developmental Services, Conference Room
195 Industrial Drive, Northampton, MA 01060

Pittsfield - Berkshire Brain Injury Support Group (BBISG)

Contact: Helene Robillard, #413-499-1025
Time: 4:00 - 6:00 PM
Date: 2nd Tuesday of the month
Place: Berkshire Medical Center, Center for Rehabilitation
5th Floor Medical Arts Building
777 North Street, Pittsfield, MA 01201

Pittsfield - Creative Corner Arts Group**

Contact: Helen Stewart, BIA-MA Western Regional Office #413-443-0200
Place: BIA-MA Western Regional Office
180-C Elm St, Pittsfield, MA 01201
Date and Time: Meets monthly but day and time are variable to accommodate the monthly guest artist - please call for information.

Pittsfield - Men's Group - Men Only

Contact: Scott Doane, BIA-MA Western Regional Office #413-443-0200
Time: 1:00 - 3:00 PM
Date: 2nd Friday of the month
Place: BIA-MA Western Regional Office
180-C Elm St, Pittsfield, MA 01201

Pittsfield - "Tea and Talk" - Women Only

Contact: Helene Robillard, #413-499-1025
Time: 1:00 - 3:00 PM
Date: 1st Thursday of the month
Place: BIA-MA Western Regional Office
180-C Elm St, Pittsfield, MA 01201

Springfield - Baystate Brain Injury Support Group (Baystate BISG) for Survivors, Family Members, Caregivers & Friends

Contact: Helen Stewart, BIA-MA Western Regional Office #413-443-0200
Time: 6:00 - 8:00 PM
Date: 1st Wednesday of the month
Place: Baystate Medical Center
759 Chestnut St, Chestnut Bldg, room 5, Springfield, MA 01199

Springfield - Mercy Brain Injury Support Group (MBISG)

Contact: Sharon Abdalla #413-748-6892
Annette Peet
Time: 6:00 - 8:00 PM
Date: 3rd Wednesday of the month
Place: Mercy Hospital
Deliso Conference Center, Lower Level
299 Carew St, Springfield, MA 01104

**** Groups with this designation are sponsored in part by the Statewide Head Injury Program, Mass Rehab Commission**

OTHER GROUPS
(Not sponsored by BIA-MA)

BU- Boston Aphasia Community Group - Survivors and Caregivers

Contact: Jerome Kaplan #617-353-9867 or jhkaplan@bu.edu
Time: 11:00AM - 2:00 PM
Date: Please call for dates and information
Place: Boston University Sargent College, Room 102
635 Commonwealth Ave., Boston, MA 02215
Website: www.bu.edu/aphasiacenter

Boston/Charlestown - Stroke Club - Open to community - All ages

Contact: Karen Halfon #617-952-6560
Time: 3:00 - 4:30 PM
Date: 2nd Wednesday of the month
Place: Spaulding Rehab. Hospital
300 First Ave, Charlestown, MA 02129

Cambridge - MIT BRAIN TRUST

Contacts: Julie Kim, Jennifer Lee
braintrust-exec@mit.edu, bt-survivor-outreach@mit.edu
Time & Dates: Monthly events
Location: Massachusetts Institute of Technology (MIT)
77 Massachusetts Ave.
Cambridge, MA 02139
braintrust.mit.edu

E. Sandwich - Stroke Support Group & Peer Visitation Program

Contact: Jim Graham #508-420-4574
Time: 1:30-3:30 PM
Date: 2nd Wednesday of the month (No meetings in July or August)
Place: Spaulding Cape Cod
311 Service Rd, E. Sandwich, MA 02537

Pittsfield - Berkshire Medical Center Stroke Support Group

Contact: David Wasielewski #413-648-0152
Date: 1st Tuesday of each month
Place: Berkshire Medical Center, Center for Rehabilitation
5th Floor Medical Arts Building
777 North Street, Pittsfield, MA 01201

Westborough - Stroke Support Group, Survivors & Caregivers

Contact: Claudia Bess # 508-781-2165
Time: 1:00 - 2:30 PM
Date: 2nd Wednesday of the month
Place: Whittier Rehab. Hospital
150 Flanders Road.
Westborough, MA 01581

Westborough - Aphasia Group, providing support and practice for people with aphasia, family & friends

Contact: Molly Secret #508-898-2371, molly.secret@verizon.net

Time: 12:30 PM - 2:00 PM

Date: 1st Tuesday of the Month

Place: Whittier Rehabilitation Hospital
150 Flanders Road - 2nd Floor dining Room
Westborough, MA 01581
<http://aphasiawestborough.com>