

THRIVER WORKSHOPS!

Practical Tips, Tools & Strategies for Brain Injury Survivors



Are you ready for your next step?

Could you use some help in moving on after your injury?

Can you commit to a 7 week project with light homework?

Wednesday, April 4 th	How You Are SMART!
Wednesday, April 11 th	Maximize Your Memory, Part 1!
Wednesday, April 18 th	Maximizing Your Memory, Part 2!
Wednesday, April 25 th	Managing Brain Fatigue!
Wednesday, May 2 nd	Ignition for Cognition!
Wednesday, May 9 th	Steps to Success!
Wednesday, May 16 th	Moving On & Celebrate!

Workshops will be held from 10:00am - 12:00pm
St. Andrew's Episcopal Church, 3 Maple St, Framingham, MA

Cost: \$5.00 per workshop. Space is limited.

Call now to enroll: Barbara Webster or Beth Pusey #800-242-0030